

What Are The Facts About Disease And Health?

According to the World Health Organization (WHO), "Health is the state of perfect physical, spiritual and social well-being and not only the absence of disease and infirmity."

Health is the state of balance among mental, spiritual and physical environments. Similarly, disease is an unbalanced state, a dissention between these three conditions. The human body must work in harmony to ensure optimum health and a general feeling of well-being.

Health is a state of equilibrium that suffers constant change. External factors like climate, diet, environment and physical injuries affect our fitness level. Internal factors such as emotions, anxiety, fear, food nutrition quality and stress also contribute to how we feel.

That means the body, mind and spirit must work in unison to experience an overall quality of life. Whether you have a perfectly functioning immune system or one that needs improvement, Fortizel® can help strengthen and maintain this balance.

The question now is, "What exactly is illness?" Let's illustrate it by using the example of inflammation.

Almost all types of diseases, injuries, toxins and allergies lead to inflammation. Morbid irritation occurs due to the attack of viruses, bacteria, fungi or other foreign bodies. These organisms invade the body and damage the tissues and cells.

The inflammations' magnitude depends on the strength, quantity and intensity of the pathogens and the duration of attack. The disease symptoms are nothing but an attempt by the body to establish a new equilibrium.

Inflammation is a complex, defensive process of the immune system; part of your body's self-regulating mechanism, designed to help heal it. The objective is to kill the attacking pathogens, remove the dead and damaged cells from your body and try to regain optimal health. Fortizel® contains anti-inflammatory agents for increased repair of joints and cartilage.

This unbalanced state of the body is called illness. Fortizel® increases production of antibodies for improved resistance to bacterial, fungal and viral infections, effectively strengthening your defense mechanisms.