

Can Fortizel® help battle depression?

Depression is occupying an increasingly important portion of discussion in modern day medicine and research. Depression can be disabling, exhibiting itself in ways such as absence of affect, feeling, response and interest. It often interrupts our day-to-day living and leaves a person feeling hopeless. Prescribed anti-depressants can often have side effects that may be hard to manage.

The causes for clinical depression have been debated by medical professionals. Often there are multiple factors contributing to mood imbalances such as: bereavement, stress, exhaustion, hormonal dysfunction, chemical imbalances, illness, trauma, and many others.

The human body and soul are closely intermingled and they influence each other. To remain optimally healthy, it is important to foster psychological health as well as physical health. Depression often causes an imbalance in a person's mental well-being and it is disruptive to our holistic fitness.

When the soul is unbalanced, it impairs physical performance. A weak mental disposition has a debilitating and compromising influence on the immune system and its ability to do its job, leaving us susceptible to illness and physical disease. This vulnerability only exacerbates the depressive condition.

Stress decreases the secretion of GHRH (Growth Hormone Release Hormone) in the hypothalamus. This results in feelings of depression due to lower amounts of physiological free tryptophan.

The free tryptophan is converted to serotonin. Serotonin is the "happy hormone", directly or indirectly influencing our brain cells. When there are greater amounts of free tryptophan in your brain, higher levels of serotonin are available; improving mood, sexual desire, sleep, appetite, memory and learning.

Fortizel® contains several natural substances, such as PRP and L-tryptophane, an amino acid and a first stage of the neurotransmitter serotonin. Fortizel® also contains endorphins, the hormones that counteract depression.

Through the regular use of Fortizel®, you will experience a better mood and greater clarity of mind. Your stress is reduced. Daily activities are more enjoyable. This will help you fight depression without having any side effects.

It has been proved that Fortizel® is an optimizer of serotonin, aiding in onset-prevention of depression. It often counteracts against the production of stress, which helps the psyche stay in good condition. Protect your mental health with Fortizel®.